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COVID-19: The Regional Director of Public Health Recommends Postponing All Gatherings in Nunavik

Kuujuuaq, March 13, 2020 – Dr. Marie Rochette, Regional Director of Public Health, recommends postponing all gatherings that require travel across Nunavik and to and from the South. A ban on all gatherings of more than 250 persons has been declared by the Provincial Director of Public Health.

Remember the importance of preventive measures. Wash hands, disinfect spaces, avoid hugs, avoid shaking hands and cough into the crook of the elbow.

Today the Nunavik Regional Board of Health and Social Services (NRBHSS) held a meeting with its regional partners to address the COVID-19 situation.

That meeting enabled clarification of several questions from the public and the organizations on the measures to respect, the recommendations to follow and the protocols established. The ultimate objective is to protect the public and the health professionals as well as limit transmission in the communities.

“Many preventive measures can be applied by the public and the organizations, such as repeated messages to observe respiratory and hand hygiene, avoid hugs, avoid shaking hands and regularly disinfect public spaces,” - Dr. Marie Rochette, Director of Public Health at the NRBHSS.

The Nunavik Regional Board of Health and Social Services is a public agency created in 1978 under the James Bay and Northern Quebec Agreement. It is responsible for nearly the entire Quebec territory located north of the 55th parallel in terms of the provision of health and social services for the inhabitants of the 14 communities.

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Source: Nunavik Regional Board of Health and Social Services

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