Fruit and Cheese Kebab

Ingredients for 3 kebabs:

1 apple

1 orange (or 2 clementines)

9 to 12 grapes

9 to 12 strawberries

9 cubes cheese

3 skewers (wood sticks)

Dip:

 $\frac{1}{2}$ cup (125 ml) fruit yogurt



You may choose any fruit you want! They can be fresh, frozen or canned.

Preparation:

- 1. Wash fresh fruits. If using frozen fruits, let them thaw at room temperature or put them few minutes in the microwave.
- 2. Slice the apple. Peel and separate the orange or clementines into segments.
- 3. Alternate pieces of fruit with cubes of cheese on the skewers.
- 4. Dip your fruit kebab in the yogurt dip and taste.

*Be careful with whole grapes and skewers to avoid choking hazard or injury in young children.











