

GET-TOGETHERS, HUNTING AND HARVESTING AND FLIGHTS WITHIN THE REGION

Decisions and safety recommendations for get-togethers

- Since May 22, throughout Québec, it has been possible to meet with people from other households.
- It is still important however, to maintain a distance of two meters from others and to try to keep such get-togethers with the same people rather than different people each time.
- Outdoor get-togethers should be favored over indoor get-togethers.
- Keep a small social circle. Try to always meet with the same people. Outside is better.
 - Recommendations specific to **outdoor** get-togethers:
 - Carry hand sanitizer or soap and water to wash hands.
 - Authorities may intervene if there are more than 25 people.
 - Recommendations specific to **indoor** get-togethers:
 - When intending to visit a household where an Elder or someone with a chronic illness lives, ask for their permission to visit.
 - Authorities may intervene if there are more than 5 visitors in one household.
 - Basic recommendations for indoor and outdoor get-togethers:
 - Wash hands often (for a minimum of 20 seconds).
 - Cough or sneeze into the crook of the elbow or into a tissue and discard the tissue immediately.
 - Maintain a safe distance of two meters from people from different households.
 - Limit the number of people present and the number of members from different households.
 - Avoid physical contact (hugs, handshakes) with people from different households.
 - Wear a mask if a distance of two meters from others cannot be maintained, especially when visiting an Elder or vulnerable person.
 - Do not share items that get in contact with saliva, e.g. bottles, dishes or cigarettes.
 - Stay at home if you have COVID-19-like symptoms and call 1-888-662-7482 to be tested.

<u>Decisions</u> and recommendations for flights within the Region:

- Public Health states that it's now safe and allowed to travel within Nunavik
- All travels within the region are permitted between COVID-19 free communities, except for the mining sites











- Resuming of regular travel within the region will be made possible after further discussions with the airlines
- More information will follow shortly
- Covidtravel@krg.ca will be ONLY for South North travel

• What is a COVID-19 free community:

- A community where no case was ever declared.
 - or
- o A community where the last case has been declared recovered for at least 28 days.
- o Public Health has the authority to declare a community COVID-19 free based on other criteria.

• Conditions that will be in place for travelers:

- Wearing a mask is mandatory
- o Pre-boarding questionnaires Access denied to anyone with symptoms
- o Only travelers are allowed at the airport terminals
- o Travelers must keep a distance of 2 meters between each other
- o No quarantine is needed for traveling within the region

• If a positive case is declared in a community:

- All flights for personal reasons will be suspended in that community except for essential, medical and humanitarian reasons
- Residents of that community may be allowed to return, following an assessment by Public Health.
- Situations for other travelers will be assessed case by case.
- Public Health will assess the overall situation as soon as possible to adjust the measures accordingly.

Decisions and recommendations for hunting, fishing and harvesting activities:

- Hunting, fishing and harvesting with people from different households is permitted. Keep the number small.
- It is also permitted to do so with people from different communities, but not recommended.
- All recommendations about get-togethers apply.
- Avoid sharing tent or cabin with people that are not from your household.
- People can travel by boat or by charter planes (maximum of 8 people).
- Preventive measures for regular plane travel still apply.











- Additional precautions regarding guidelines for harvesting will be announced as soon as possible.

Reminder of the recommendations:

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