## Berry Muffins

## Ingredients for 15 muffins:

2 eggs 1 cup (250 ml) milk

 $\frac{1}{2}$  cup (125 ml) vegetable oil  $\frac{1}{2}$  cup (375 ml) fresh or frozen berries

(chopped if needed)

 $2\frac{1}{2}$  cups (625 ml) flour  $\frac{3}{4}$  cup (175 ml) sugar 4 teaspoons (20 ml) baking

baking powder



## Preparation:

- 1. Preheat oven to 400°F.
- 2. Combine eggs, milk and oil in a bowl.
- 3. Wash fresh fruits. If using frozen fruits, let them thaw at room temperature or put them few minutes in the microwave.
- 4. Combine remaining ingredients in a separate bowl.
- 5. Combine berry mixture with egg mixture.
- 6. Divide mixture in muffin pan. Bake about 20 minutes.















